

MICHELLE NIETERT, MA

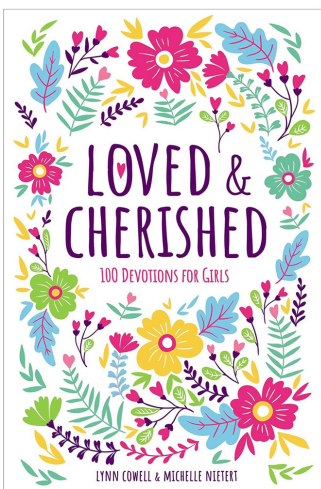
Professional Counselor Mental Health Expert Previous School Crisis Counselor



Michelle Nietert, M.A., Licensed Professional Counselor Supervisor has been providing therapeutic interventions to children and their families in counseling offices for over 20 years. As a previous educator, public school crisis counselor, and youth and children's minister, she interacts regularly with parents and students at public school assemblies, PTA meetings, local churches, and is the mental health consultant for a local private Christian school. Michelle also provides training for school counselors, teachers, and homeschool parents. A recognized expert in Solution Focused Therapy, she is the clinical director and owner of a large counseling center in the Dallas-Fort Worth area. Michelle's writing can be found on the MOPS blog, in Lifeway's Parenting Magazine and she is the Mental Health columnist for Just Between Us Magazine. She also joins her audiences in the parenting trenches as a happily married mom of two-school aged children. To discover her Counselor Thoughts blog and podcast providing Solutions for Life, please visit www.MichelleNietert.com.

Make sure if you have a tween girl in your life to order Michelle's new book, *Loved and Cherished*, which released September 8, 2020, written with her coauthor and Proverbs 31 speaker, Lynn Cowell.

LOVED AND CHERISHED



So often, girls and women give in to the lies that how they look and how popular they are determines their worth. But as children of God, we can have the confidence that we are loved, protected, secure, whole, and valuable because God is our heavenly father.

Loved and Cherished equips girls ages 8–12 to:

Discover perfect, unconditional love in God, and that she doesn't have to perform or be perfect to receive that love.

Know she has God's protection, despite living in an often scary world.

Let go of heartaches, fears, and failures, because she has the love she needs to face it.

Build a strong foundation of faith on the love who will never leave her so she can face the challenges of growing up.

RELEASED SEPTEMBER 8, 2020. CURRENTLY AVAILABLE AT AMAZON AND OTHER MAJOR RETAILERS.

