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Professional Counselor

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Michelle Nietert has served as a professional counselor supervisor and director of Community Counseling Associates for over a decade. A previous school crisis counselor, she has been providing therapeutic interventions to children and their families in counseling offices for over 20 years. Along with the CCA staff, she offers parent consults across the country and in Texas Telehealth counseling. Michelle can be found often speaking in school, church and clinical settings. For more information about her podcast and online resources visit yourmentalhealthcoach.com.

LOVED AND CHERISHED

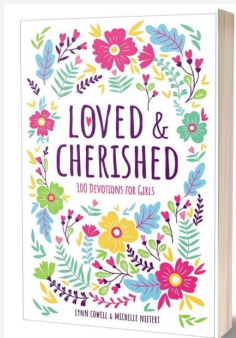
Released September 8, 2020, Loved and Cherished lays the groundwork for girls to know the love God has for them before entering the often tumultuous junior high years where kids often feel rejected not good enough. Those feelings can lead to anxiety and depression.

Available on Amazon and other major book retailers.

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Lynn Cowell, author
Michelle Nietert, counselor



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