



Michelle Nietert

AUTHOR & SPEAKER

As a professional counselor, Michelle has been passionately ministering to women in the counseling office, local church as a staff member and in the community for over 25 years. She relates well to audiences of various ages as she juggles running a large counseling center in the DFW area, writing, podcasting and speaking while joining her husband Drew in raising two school aged children. Her energetic presentations are interactive, Biblical and relevant to everyday life. Women need to know they are loved by a God that is for them! Connect with Michelle and her numerous resources regarding faith, parenting and mental health at www.yourmentalhealthcoach.com.

Believing it easier to train a girl than fix a woman, Michelle's book ***Loved and Cherished: 100 Devotions for Girls*** (www.lovedandcherished.me) coauthored with Proverbs 31 Ministries writer and speaker Lynn Cowell makes a great gift and tool for mentoring the girl in your life.